COURSE DESCRIPTION

COURSE DETAILS

Title (of the course): **ENFERMERÍA COMUNITARIA**
Code: 100019
Degree/Master: **GRADUADO EN ENFERMERÍA** Year: 3
Name of the module to which it belongs: CIENCIAS DE ENFERMERÍA
Field: ENFERMERÍA COMUNITARIA
Character: OBLIGATORIA Duration: FIRST TERM
ECTS Credits: 6.0 Classroom hours: 57
Face-to-face classroom percentage: 38.0% Study hours: 93
Online platform: Moodle

LECTURER INFORMATION

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PREREQUISITES AND RECOMMENDATIONS

Prerequisites established in the study plan

None

Recommendations

- It is highly recommended to have studied subjects that establish the basis of nursing care, in order to extrapolate this knowledge in Community Nursing.
- It is of great interest for the development of the subject Community Nursing to have critical, objective and reflective thinking, and a scientific attitude

INTENDED LEARNING OUTCOMES

CB1	To possess and understand knowledge in an area of study that is based on general secondary education, and that is usually found at a level that, although supported by advanced textbooks, also includes some aspects that imply knowledge coming from the vanguard of the field of study.
CB2	To know how to apply knowledge to work or vacation in a professional way. To have the skills that are usually demonstrated through the elaboration and defence of arguments and the resolution of problems within their area of study.
CB3	To be able to collect and interpret relevant data (normally within the student's area of study) to make judgements that include a reflection on relevant issues of a social, scientific or ethical nature.
CB4	To be able to transmit information, ideas, problems and solutions to either a specialised audience or an unspecialised one.
CB5	To develop the the skills necessary to undertake further studies with a high degree of autonomy.

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CET1	To be able, in the field of nursing, to provide technical and professional healthcare suitable for the health needs being looked after, in accordance with the state of development of scientific knowledge at any given time and with levels of quality and security that are established by the applicable legal and deontological norms.
CET2	To plan and provide nursing care aimed at individuals, families or groups, oriented to health outcomes, evaluating their impact through clinical and care practice guides which describe the processes by which a health problem is diagnosed, treated or cared for.
CET6	To base nursing interventions on scientific evidence and on available resources.
CET10	To protect the health and well-being of people, family or groups being taken care of, guaranteeing their safety.
CET11	To establish an effective communication with patients, family, social groups and colleagues and promote health education.
CET13	To know the principles of health and socio-health financing, and use available resources correctly.
CET14	To establish evaluation mechanisms taking into consideration scientific-technical aspects as well as those of quality.
CET15	To work with a team of professionals as a basic unit in which professionals and other personnel of healthcare organisations are structured in a uni- or multi-disciplinary and inter-disciplinary manner.
CET17	To carry out nursing care based on comprehensive health care, which involves multi-professional cooperation, integration of processes and continuity of care.
CEM8	To identify the psychosocial responses of people to different health situations (in particular, illness and suffering), selecting the appropriate actions to provide them with help. To establish an empathetic and respectful relationship with the patient and family, in accordance with the situation of the person, health problem and stage of development. To use strategies and skills that allow effective communication with patients, families and social groups, as well as
CEM13	To apply the nursing process to provide and guarantee welfare, quality and safety of the people being attended to.
CEM16	Ability to describe the fundamentals of the primary health system and the activities to be developed to provide comprehensive nursing care to the individual, the family and the community. Understand the role and activities and cooperative attitude that the professional has to develop in a Primary Health Care team. Promote the involvement of people, family and groups in their health-illness process.

OBJECTIVES

*Plan, develop and evaluate programs of health education aimed at individuals, families, groups and communities, applying different strategies of teaching and learning, with the aim of promoting healthy lifestyles and adherence to treatment regimen and care plan, achieving, in this way, the highest possible degree of self-care.
* To attend holistically to individuals and groups, respecting their values and beliefs and ensuring that they enjoy the rights that correspond to them as persons and according to their health situation.
* Develop care processes, integrating in them the person, family, caregivers and other health workers, planning and executing the necessary interventions and evaluating them.
* Provide care based on scientific evidence to ensure quality standards.
* Identify communication problems with patients and family members, and community groups.
* Utilize different registration systems using different technologies to ensure the continuity and quality of care, as well as the evaluation of services.
* Collaborate with members of the health team developing strategies to improve the quality of care in Primary Health Care (PHC).
* Indentify the functions performed by the nurse in PHC.

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CONTENT

1. Theory contents

THEMATIC 1. INTRODUCTION TO PRIMARY HEALTH CARE
Unit 1. Structure of the National Health System
Unit 2. Programming in Primary Health Care.
Unit 3. Organization models of Primary Care Teams
Unit 4. Process Management: Coordination between levels. Teamwork
Unit 5. Family Care Unit

THEMATIC 2. HEALTH EDUCATION: METHODOLOGY
Unit 6. The health promotion and disease prevention
Unit 7. Concept of Health Education
Unit 8. Methods of health education

THEMATIC 3. PRIMARY CARE AND COLLECTIVE HEALTH
Unit 9. Emerging and reemerging infectious problems. Vaccination
Unit 10. Problems related to mental health
Unit 11. General care of women and in pregnancy
Unit 12. General care of the newborn.

THEMATIC 4. PRIMARY ATTENTION AND APPROACH TO PROBLEMS RELATED TO AGING AND CHRONICITY
Unit 13. Attention to patients with cardiovascular risk
Unit 14. Attention to patients with diabetes and obesity
Unit 15. Attention to patients with chronic respiratory disease
Unit 16. Attention to patients with cancer
Unit 17. Attention to patients with musculoskeletal diseases
Unit 18. Attention to the polymedicated patient
Unit 19. Primary attention to accidents and poisonings
Unit 20. Therapeutic communication. Mourning

THEMATIC 5. ATTENTION TO THE ELDERLY
Item 21. Attention to caregivers
Unit 22. Nursing care in dependency.

THEMATIC 6. OTHER ASPECTS RELATED TO COMMUNITY NURSING
Topic 23. Violence in today's society
Topic 24. Nursing prescription

Contents will be focused on an inclusive approach

2. Practical contents

* Nursing care in the field of PHC
* Education for Health: Methodology

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* Maternal Education
* Approach to mourning
* Problems related to aging and chronicity: Nursing consultation
* Violence as a public health problem

METHODOLOGY

General clarifications on the methodology (optional)

- Lectures on the topics included in the program (using the Socratic method) and evaluation tests after the development of each thematic block (using the Moodle platform).
- Directed academic activities, which will be carried out with the aim of delving into those topics of special interest for student training. The students will collect the information and analyze, in groups, different health problems related to the contents of the subject and will proceed to share the results and discuss them.
- Seminars in which aspects related to health programs and care processes will be developed.
- Non-contact activities: The individual student and / or group, in addition to the exam preparation, will carry out reviews of the scientific evidence, analysis and exhibition, as well as, preparation of a project focused on a Campaign of Education for Health .

Methodological adaptations for part-time students and students with disabilities and special educational needs

Evaluation and methodological adaptation for part-time students will be addressed individually

Face-to-face activities

Activity	Large group	Medium group	Total
Assessment activities	4	-	4
Group work (cooperative)	-	4	4
Lectures	38	-	38
Seminar	-	10	10
Tutorials	1	-	1
Total hours:	***43***	***14***	***57***

Off-site activities

Activity	Total
Group work	20
Information search	5
Reference search	18
Self-study	50
Total hours	***93***

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WORK MATERIALS FOR STUDENTS

Case studies - *Moodle platform*
Exercises and activities - *Moodle platform*
Oral presentations - *Moodle platform*

EVALUATION

Intended learnig	Case study/clinical case discussion/scientific work discussion	Exams	Project
CB1	X	X	X
CB2		X	X
CB3			X
CB4	X		
CB5		X	X
CEM13	X	X	X
CEM16	X	X	X
CEM8	X	X	
CET1	X	X	
CET10	X	X	
CET11	X		
CET13		X	X
CET14			X
CET15	X		
CET17	X	X	X
CET2	X	X	
CET6	X	X	X
Total (100%)	***10%***	***70%***	***20%***
Minimum grade	***5***	***5***	***5***

(*)Minimum grade necessary to pass the course

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Method of assessment of attendance:

Attendance to the workshops is mandatory and will be evaluated by class / control list. The absence to more than one, will suppose a maximum score of 4 (SUSPENSE) in ordinary calls, having to carry out a scientific work (characteristics discussed with teacher in tutoring, for the following call). The characteristics of the work will be defined individually.

It is advisable to attend the evaluation tests carried out in class after the development of each thematic block. It will be considered as "Not Submitted" when the student does not assist to these evaluation tests.

General clarifications on instruments for evaluation:

In relation to the "Exams" section, two instruments must be considered:

- **Evaluation tests after the development of each thematic block:** Objective multiple-choice, individual tests, after the development of each thematic block: 20% of the final marks. In all ordinary calls.
- **Final exam:** Multiple choice objective tests. 4 options, one of these valid. The calculation of the multiple choice exam grade will be made using the formula: "Successful questions - (erroneous questions / n-1)", where "n" represents the number of answer options: 50% of the final grade. In all ordinary calls.

Regarding the remaining two sections ("Project" and "Supposed practical / clinical case discussion / debate scientific work"):

- **Activities carried out in a cooperative work team.** Development and exhibition of a Project in Education for Health: 30% of the final marks. In all ordinary calls.

It is necessary to reach a mark of 4.5 in each evaluation instrument.

In case of not reaching the minimum score in any of the evaluation instrument, it will be qualified with a maximum of 4 (Fail). The subject is considered approved after 5.

Clarifications on the methodology for part-time students and students with disabilities and special educational needs:

Individualized assessment

Qualifying criteria for obtaining honors:

The Enrollment of Honors will be assigned among the students who, fulfilling all the requirements specified in the article 30.3 of the Regulation of Academic Regime of the UCO, have obtained the higher numerical qualification

BIBLIOGRAPHY

1. Basic Bibliography

FRIAS A. Salud Pública y Enfermería Comunitaria. Masson. Barcelona; 2006.

MARTÍN ZURRO A, CANO PÉREZ JF, GENÉ BADIA J. Compendio de Atención Primaria 4 ed. Elsevier. Barcelona; 2016.

MARTÍN ZURRO A, JODAR SOLÁ G. Atención familiar y salud comunitaria: conceptos y materiales para docentes y estudiantes. 2ª ed. Elsevier. Barcelona; 2018.

MARTÍNEZ GONZÁLEZ, MA. Conceptos de Salud Pública y Estrategias Preventivas. Un manual para ciencias de la Salud, Elsevier. Barcelona; 2013.

MARTÍNEZ RIERA JR, DEL PINO CASADO R. Manual Práctico de Enfermería Comunitaria. Elsevier. Barcelona; 2014.

PIÉDROLA GIL G. Medicina preventiva y salud pública (12ª ed.). Masson. Barcelona; 2015.

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2. Further reading

None

COORDINATION CRITERIA

Common evaluation criteria
Tasks deadlines

SCHEDULE

Period	Assessment activities	Group work (cooperative)	Lectures	Seminar	Tutorials
1# Fortnight	0.0	0.0	5.0	0.0	0.0
2# Fortnight	1.0	0.0	5.0	0.0	0.0
3# Fortnight	0.0	0.0	5.0	0.0	0.0
4# Fortnight	1.0	0.0	4.0	2.0	0.0
5# Fortnight	0.0	0.0	5.0	2.0	0.0
6# Fortnight	1.0	0.0	5.0	2.0	0.0
7# Fortnight	0.0	0.0	5.0	2.0	0.0
8# Fortnight	1.0	4.0	4.0	2.0	1.0
Total hours:	***4.0***	***4.0***	***38.0***	***10.0***	***1.0***

The methodological strategies and the evaluation system contemplated in this Course Description will be adapted according to the needs presented by students with disabilities and special educational needs in the cases that are required.