## **SOSTRA**

## THE 15 SKILLS THAT EDUCATORS OF ADULTS IN EUROPE MUST POSSESS



PROJECT CODE: 2018-1-FI-KA204-047243

CALL: ERASMUS+ 2018 KA204

PERIOD: 24 MONTH BUDGET: 241.430 €

PRINCIPAL INVESTIGATOR: FRANCISCO SACO DE

**LARRIVA** 

Education, like many other areas, has evolved over time and adapted to technological advances, going from traditional paper-based tools to the most current online ones. Everything has changed in a very short period of time, and the European Union is at the forefront of this shift.

Hence, the aim of projects such as Sostra, co-financed by the Erasmus+ 2018 KA24 program, is to promote online education; in this case, for teachers of adults. Upholding the skills that any 21st-century educator should possess, the project's partners have defined 15 "soft skills" that they consider fundamental, and that users can acquire digital accreditation of.

Six partners - from Finland, Italy, Poland, Romania and Spain, including the University of Cordoba - participated in this project to help develop these skills in teachers of people over 18 years of age.

Francisco Saco, principal investigator at the UCO on this project, explains that the purpose was to "achieve a better understanding of these social skills," which were summarized in 15 explanatory podcasts: respect for others, critical thinking, motivating for development, inclusion, ethics, active listening, empathy, asking questions, creativity, passion and self-motivation, self-awareness, attention to diversity, adaptability, a positive attitude and



honesty.

After these competencies were identified, they were programmed on the Sostra.eu platform, to which each user has access to register and complete the activities proposed for each skill, with total freedom. This means that a teacher is not obligated to go through the 15 actions. Rather, teachers can choose those that they deem necessary for their pedagogical work. In addition, for each of the learning modules that they complete they earn badges; that is, digital credentials recognized by the "Open Badge" system, Google and other platforms, such as LinkedIn and Facebook, with the support of the UCO and the University of HAMK (Finland).

Ultimately, the aim is to promote the development of these soft skills in European adults and to promote an open digital learning process in several languages, offering people the chance to acquire new knowledge.

The process begins with an initial self-diagnosis of skills already possessed. Then one selects skills to be developed, and demonstrates his knowledge of the selected area through a proposed activity. Finally, a digital credential is obtained once the module has been completed.

The SOSTRA project responds to the need to cultivate key soft skills needed to educate continuing education students, through activities that are digitally accredited by Google

The researcher also considers it key that this methodology can be followed online, and autonomously, in accord with the approach that is prevailing in Europe, and that it also leads to the acquisition of a digital diploma.







