

Peter Fonagy PhD FBA

Freud Memorial Professor of Psychoanalysis, University College London
Chief Executive, The Anna Freud Centre, London

Education

1971- 1974 B.Sc. Psychology, First Class Honours, University College London
1980 PhD, Medical Research Council Fellowship, University College, London
1976-1980 British Psychological Society Diploma in Clinical Psychology
1980-1985 Training in Adult Psychoanalysis, British Psychoanalytic Society
1989-1995 Training in Child Psychoanalysis, The Anna Freud Centre

Positions and Honors

Positions and Employment

1977 - 1987 Lecturer in Psychology, University College London
1988 - 1992 Senior Lecturer in Psychology, University College London
1992 - Present Freud Memorial Professor of Psychoanalysis in the University of London.
1995 - 2003 Adjunct Professor of Clinical Psychology, Kansas University
1995 - 2003 Director, Child and Family Center, The Menninger Clinic, USA
1995 - 2008 Director, Sub-Department of Clinical Health Psychology, University College London
1996 - 2001 Director, Clinical Protocols and Outcome Center, The Menninger Clinic, USA
1999 - 2003 Marie & Scott S. Smith Chair in Child Development, Karl Menninger School of Psychiatry
2003 - Present Chief Executive, The Anna Freud Centre
2003 - Present Director, Child & Family Program, & Adjunct Professor of Psychiatry, Menninger Department of Psychiatry, Baylor College of Medicine
2004 - Present Clinical Professor of Psychiatry, Yale University, School of Medicine
2008 - Present Head of the Research Department of Clinical, Educational and Health Psychology, University College London
2010 - Present Programme Director, Mental Health and Wellbeing Theme, UCL Partners
2011 - Present Honorary Principal Investigator, Tavistock and Portman NHS Foundation Trust
2011 - Present National Clinical Lead, Improved Access to Psychological Therapies for Children & Young People, Department of Health
2011 - 2015 Senior Investigator, National Institute for Health Research
2011 - 2015 Visiting Clinical Professor, Harvard University
2012- present National Clinical Lead, Extended Scope of CYP IAPT Project, Department of Health

Selected Honors

1997 Elected to Fellowship, British Academy
1998 Millenium Prize for Contributions to Child Psychiatry, Trondheim University, Norway
1999 Mary S. Sigourney Award for outstanding contribution to psychoanalytic research
2003 Gradiva Prize, National Association for the Advancement of Psychoanalysis,
2003 Elected Honorary Member, International Attachment Network
2004 Winner of 2004 Lancet Best Scientific or Medical Paper award
2005 Otto Weininger Memorial Award awarded by the Canadian Psychological Association.
2005 Goethe Award for Psychoanalytic Scholarship
2006 Sigmund Freud Prize of the City of Vienna, Career award.
2007 - 2008 Speaker at 2nd and 3rd Annual Global Creative Leadership Summit, New York, NY
2009 The 4th Award for Distinguished Achievement in the Field of Severe Personality Disorders
2009 Fellow of the Association for Psychological Science, Elected December 2009
2011 Mary S. Sigourney Award for Distinguished Contributions to Psychoanalysis, January 2011
2012 The Rene Spitz Award of the World Association for Infant Mental Health in recognition of significant lifetime contributions to clinical and/or experimental research on topics related to infant mental health, 2nd March 2012

Other Experience and Professional Memberships

1992 - 1996 Member, Executive Council, World Association of Infant Mental Health.
1993 - 1996 Member, Chief Medical Officer's Working Group on Variations in Health, Department of Health.
1993 - 2003 Chairman, Standing Committee for Research, International Psychoanalytic Association
1995 - Present Member of the Governing Board and Joint Grant Holder, The British Psychological Society's Centre for Outcomes Research and Effectiveness, UCL.
1997 - 2001 Vice-President and Member of Executive Council, International Psychoanalytic Association
1999 - 2002 Standing committee of the Psychology section of the British Academy

2002 - 2003 Chair, Outcomes Measurement Reference Group, Department of Health
 2002 - 2005 Chair, NICE Childhood & Adolescent Depression Guideline Dev. Group
 2005 - 2009 Chair, Postgraduate Centre, International Psychoanalytic Association
 2007 - 2009 Chair, Strategy Group, National Occupational Standards for Psychological Therapies
 2008 - 2009 Co-Chair, New Ways of Working for Psychological Therapists, Work Stream I, Dept of Health
 2008 - 2010 Member, Psychotherapists and Counselors Professional Liaison Group, Health Professions Council
 2009 - 2011 Chair, International Research Board, International Psychoanalytic Association

Selected peer-reviewed publications (in chronological order)

- Fonagy, P., Steele, H., & Steele, M. (1991). Maternal representations of attachment during pregnancy predict the organization of infant-mother attachment at one year of age. *Child Development*, 62, 891-905.
- Fonagy, P., Steele, H., & Steele, M. (1996). Associations among attachment classifications of mothers, fathers, and their infants: Evidence for a relationship-specific perspective. *Child Development*, 67, 541-555.
- Fonagy, P., & Target, M. (1997). Attachment and reflective function: Their role in self-organization. *Development and Psychopathology*, 9, 679-700.
- Bateman, A., & Fonagy, P. (1999). The effectiveness of partial hospitalization in the treatment of borderline personality disorder - a randomised controlled trial. *American Journal of Psychiatry*, 156, 1563-1569.
- Steele, M., Steele, H., Croft, C., & Fonagy, P. (1999). Infant mother attachment at one year predicts children's understanding of mixed emotions at 6 years. *Social Development*, 8, 161-178.
- Fonagy, P., & Target, M. (2000). The place of psychodynamic theory in developmental psychopathology. *Development and Psychopathology*, 12, 407-425.
- Bateman, A., & Fonagy, P. (2001). Treatment of borderline personality disorder with psychoanalytically oriented partial hospitalization: an 18-month follow-up. *American Journal of Psychiatry*, 158(1), 36-42.
- Chiesa, M., Fonagy, P., Holmes, J., Drahorad, C., & Harrison-Hall, A. (2002). Health service use costs by personality disorder following specialist and nonspecialist treatment: a comparative study. *J Personal Disord*, 16(2), 160-173.
- Bateman, A., & Fonagy, P. (2003). Health service utilization costs for borderline personality disorder patients treated with psychoanalytically oriented partial hospitalization versus general psychiatric care. *American Journal of Psychiatry*, 160(1), 169-171.
- Bateman, A., & Fonagy, P. (2004). Mentalization based treatment of borderline personality disorder. *Journal of Personality Disorders*, 18(1), 36-51.
- Fonagy, P., Roth, A., & Higgitt, A. (2005). The outcome of psychodynamic psychotherapy for psychological disorders. *Clinical Neuroscience Research*, 4, 367-377.
- Fonagy, P., & Bateman, A. W. (2006). Mechanisms of change in mentalization-based treatment of BPD. *Journal of Clinical Psychology*, 62(4), 411-430.
- Fonagy, P., Gergely, G., & Target, M. (2007). The parent-infant dyad and the construction of the subjective self. *J Child Psychol Psychiatry*, 48(3-4), 288-328.
- Bateman, A. W., & Fonagy, P. (2008). 8-year follow-up of patients treated for borderline personality disorder - mentalization based treatment versus treatment as usual. *American Journal of Psychiatry*, AJP in Advance. Published March 17, 2008 (doi:0.1176/appi.ajp.2007.07040636).
- Bateman, A. W., & Fonagy, P. (2009). Randomized controlled trial of outpatient Mentalization-based Treatment versus Structured Clinical Management for borderline personality disorder. *American Journal of Psychiatry*, 166(12), 1355-1364.
- Lemma, A., Fonagy, P., & Target, M. (2010). The development of a brief psychodynamic protocol for depression: Dynamic Interpersonal Therapy (DIT). *Psychoanalytic Psychotherapy*, 24(4), 329-346.
- Fonagy, P., Luyten, P., & Strathearn, L. (2011). The roots of borderline personality disorder in infancy: A review of evidence from the standpoint of the mentalization based approach. *Infant Mental Health Journal*, 32, 37-69.
- Belsky, D., Caspi, A., Arseneault, L., Bleidorn, W., Fonagy, P., Goodman, M., et al. (2012). A Test of Diathesis-Stress Theories of the Etiology of Borderline Personality Disorder in a Birth Cohort of 12 Year Old Children. *Development and Psychopathology*, 24(1), 251-265
- Fonagy, P. (2012). The neuroscience of prevention. *J R Soc Med*, 105(3), 97-100.

Currently Active UK Research Support

£1,537,746 from National Institute for Clinical Excellence to British Psychological Society for *Extension of CORE Clinical Effectiveness and Guidance Programme*. (PI: Dr Steve Pilling; Co-PIs Peter Fonagy, Anthony Roth and Prof Susan Michie) **2011-2013**

£3,000 from Mental Health Research Network Fund to develop a large-scale research project about mental health: *Developing an outcomes-focused set of quality indicators paired to cost of provision to bring a value focus to NHS mental health service*. (PI: Peter Fonagy) **2011-2012**

£8,000 from the British Academy Small Research Grant Scheme for an *EEG study on Oxytocin and adult attachment relationships: an experimental approach*. (PI: Peter Fonagy) **2012-2013**

£5,400,000 from Wellcome Trust Strategic Award for *Cambridge-University College London Embedding Neuroscience in Psychiatry (CUENiP): A Mental Health and Neuroscience Network*. (CI: Ian Goodyer and four PIs: Ed Bullmore, Ray Dolan, Peter Fonagy and Peter B Jones) **2012-2016**

£360,000 from National Institute for Health Research Senior Investigator Award (£15,000 per annum personal and £75,000 institutional expenses). **2011-2015**

£249,610 from National Institute of Health Research for *Evaluation of Dynamic Interpersonal Therapy*. (Peter Fonagy (PI) and 2 senior collaborators) **2011-2013**

£530,723 from Pulitzer Foundation, NY: *Emotional Stimulation in the Context of Emergency Food Intervention in the Treatment of Malnourished Children: a Randomised Controlled Trial*. (PI: Fonagy, co-PIs Richard Beard and Alessandro Conticini) **2011-2013**

£235,000 from the Department for Children, Schools and Families for Extension of the National Randomized Controlled Trial to Evaluate Multisystemic Therapy in the UK context to include the *Evaluation of MST Problem Sexual Behaviours*. (PI: Peter Fonagy and 2 senior collaborators) **2011-2014**

£67,570 from the Central and East London CLRN Programme support for *START (Systemic Therapy for At Risk Teens): A National Randomized Controlled Trial to Evaluate Multisystemic Therapy in the UK Context* through Camden & Islington NHS Foundation Trust (PI: Peter Fonagy, with Steve Pilling, Stephen Butler & Peter Fuggle) **2010-2012**

£249,669 from NIHR for Research for Patient Benefit (RfPB) Programme: *A Randomized Controlled Trial of Mentalization Based Therapy against Specialist Supportive Clinical Management in patients with both Eating Disorders and symptoms of Borderline Personality Disorder*. (PI: Dr Paul Robinson) **2009-2012**

£802,267 from National Institute for Clinical Excellence to British Psychological Society for *Extension of CORE Clinical Effectiveness and Guidance Programme*. (PI: Dr Steve Pilling and Prof Susan Michie) **2009-2012**

£1,030,241 from Department for Children, Schools and Families for *A National Randomized Controlled Trial to Evaluate Multisystemic Therapy in the UK Context*. (PI: Peter Fonagy and 9 other senior collaborators) £998,741 from the DCSF plus £31,500 NHS support costs and approximately £10,000,000 clinical support costs. **2008-2012**

£5,450,000 from NHS Health Technology Assessment (HTA) Programme for *A Randomised Controlled Trial of Brief Psychodynamic Psychotherapy (BPP), Cognitive Behaviour Therapy (CBT) and Treatment as Usual (TAU)* in adolescents with moderate to severe depression attending routine child and adolescent mental health clinics. (PI: Ian Goodyer, lead co-PI: Peter Fonagy) £2,490,000 from HTA plus £2,960,000 NHS support costs. **2008-2013**